

Handball

Students will learn:-

- Handball – Core, and Advanced skills as well as decision making covered over 6 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Has considerable influence over the event.

Core Skills:

- Two handed catches from front, side and back – successful most of the time
- Passing (overhead, bounce and wrist pass) from standing position and on the move – GOOD accuracy most of the time from standing, SOME accuracy on the move
- Dribbling using dominant hand – GOOD control most of the time
- Shot from standing – GOOD power and accuracy most of the time
- Feint with the body, feint to shoot and feint to pass – SOMETIMES performed successfully

Advanced Skills:

- One handed catches on both sides – SOMETIMES successful
- Dribbling with non-dominant hand – SOMETIMES performed with control
- Passing and shooting whilst jumping – SOMETIMES performed with power and accuracy
- Stealing the ball, screening an opponent with/without the ball – SOMETIMES used successfully

Decision Making:

- Communication – SOMETIMES used effectively

How are homework /wider resources used to enhance learning?

- Extra-Curricular clubs/teams
- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.

Netball

Students will learn:-

- Netball – Core, and Advanced skills as well as decision making covered over 14 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Knowledge, Understanding & Skills

Core Skills:

- Passing (chest, bounce, shoulder) over varying distances – GOOD accuracy over short distance most of the time, SOME accuracy over long distances
- Catching – successful most of the time
- Footwork – SOMETIMES successful
- Attacking – Getting free from an opponent – SOMETIMES successful
- Defending/Marking Opponent – SOMETIMES successful
- Shooting – SOMETIMES accurate and successful

Advanced Skills:

- Passing over long distances using their non-dominant hand – RARELY accurate
- Catching over long distances, one handed, in the air and on the move – RARELY successful
- Getting free of marker when attacking, whilst on the run. – RARELY successful

Decision Making:

- Communication/Signalling – SOMETIMES used successfully Career link: Leadership and teamwork skills
- Tactics and strategies (man to man/zonal marking/Set plays from side line/backline/centre pass) – SOMETIMES used successfully
- Choose when to apply appropriate skills - SOMETIMES

How are homework /wider resources used to enhance learning?

- Extra-Curricular clubs/teams
- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.

Rounders

Students will learn:-

- Rounders – Core, and Advanced skills as well as decision making covered over 8-12 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Core Skills:

Batting (Forehand) – Able to make GOOD contact and direct it away from fielders most of the time
Bowling (Rhythmic stepping with regular no balls) – Successful most of the time
Fielding
Close catches – Successful most of the time
underarm throws over short distance- GOOD accuracy most of the time

Advanced Skills:

Batting (Offside forehand and backhand shots) – SOMETIMES hit with good contact and directed away from fielders
Bowling (Rhythmic stepping with a variety of speed, height and spin. Very few no balls.) – SOMETIMES
Fielding (Close catches and catches in deep field, underarm and overarm throws over short and long distances, as well as fielding a fast moving ball using the long barrier and one handed pick up) - SOMETIMES

Decision Making:

Communication – SOMETIMES used effectively
Tactics and strategies (when to run, what base to throw to/fielding positions) – SOMETIMES used effectively Career link: Communication with teammates over fielding positions and decision making
Choose when to apply appropriate skills and where to place the ball according to field placement – SOMETIMES used effectively

How are homework /wider resources used to enhance learning?

- Extra-Curricular clubs/teams
- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.