HOT FOOD MENU

ANGLO EUROPEAN SCHOOL

Autumn Term: Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAL DEAL: (Includes an apple)	Chicken korma Rice and peas £2.90	Pork meatballs **(contains Wheat)** in tomato sauce Penne **(Contains Wheat)** and sweetcorn £2.90	Roast chicken leg roast potatoes baby carrots and gravy £2.90	BBQ chicken drumsticks rice and green beans £2.90	Sausages **(Contains Wheat, Mustard, Sulphites)** or fish fingers **(Contains Wheat and Fish)**, chips peas or beans £2.90
VEGETARIAN MEAL DEAL: (Includes an apple)	Sweet potato, spinach and chickpea curry rice and peas £2.90	Macaroni cheese **(Contains Wheat and Milk)**, sweetcorn and garlic bread **(Contains Wheat, may contain Soya, milk, Rye, Barley and Oat)** £2.90	Vegetarian schnitzel **(Contains Wheat, Soya, Mustard and Sulphites)**, roast potatoes baby carrots and gravy £2.90	Quorn hunter style fillets **(Contains Wheat and Milk)** rice and green beans £2.90	Spicy bean burger **(Contains Wheat, may contain Sesame)**, chips peas or beans £2.90
SIDE DISHES:	Naan bread **(Contains Wheat)** Vegetable Samosas **(Contains Wheat and Soya)** £1.10 each	Garlic bread **(Contains Wheat, may contain Soya, Milk, Rye, Barley and Oat)** 70p	Yorkshire pudding **(Contains Wheat, Egg and Milk)** 60p	Corn cob 60p	sausages **(Contains Wheat, Mustard, Sulphites) 70p each** spicy bean burger **(Contains Wheat, may contain Sesame) £2.00 each** fish fingers **(Contains Wheat, may contain Sesame) 60p each** chip portion **£1.30**
HOT SNACK:	Jumbo sausage roll **(Contains Wheat, may contain Egg, Milk, Mustard, Oat and Barley)** £2.10	Chicken burger **(Contains Wheat and Celery, may contain Sesame)** £2.60	Hot Paninis- Various flavours **(Allergens displayed on packaging)** £2.75	Chicken tikka slice **(Contains Wheat and Milk)** £2.10	Battered fillet of fish **(Contains Wheat and Fish, may contain Barley)** £2.50

DAILY: Jacket potato, beans and cheese (Contains Milk) meal deal: £2.40, Cheese and tomato pasta bake (Contains Wheat and Milk): £2.20

HOT FOOD MENU

ANGLO EUROPEAN SCHOOL

Autumn Term: Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAL DEAL (Includes an apple)	Chicken tikka rice and peas £2.90	Beef bolognaise **(contains wheat)** Penne **(contains wheat)** and broccoli £2.90	Steak slice **(Contains Wheat, Barley and Milk)**, seasoned diced potatoes **(Contains Wheat)**, farmhouse vegetable mix and gravy £2.90	Hot honey chicken drumsticks **(Contains Wheat and Soya)**, rice and sweetcorn £2.90	Sausages **(Contains Wheat, Mustard, Sulphites)** or fish fingers **(Contains Wheat and Fish)**, chips peas or beans £2.90
VEGETARIAN MEAL DEAL (Includes an apple)	Sweet potato, spinach and chickpea curry rice and peas £2.90	Macaroni cheese **(Contains Wheat and Milk)**, broccoli and garlic bread **(Contains Wheat, may contain Soya, Milk, Rye, Barley and Oat** £2.90	Cheese puff **(Contains Wheat and Milk)**, seasoned diced potatoes **(Contains Wheat)** farmhouse vegetable mix and gravy £2.90	Quorn escalope **(Contains Wheat, Soya, Mustard and Sulphites)**, with hot honey sauce **(Contains Wheat and Soya)**, rice and sweetcorn £2.90	Spicy bean burger **(Contains Wheat, may contain Sesame)** Chips peas or beans £2.90
SIDE DISHES	Naan bread **(Contains Wheat)** Samosas **(Contains Wheat and Soya)** £1.10 each	Garlic bread **(Contains Wheat, may contain Soya, Milk, Rye, Barley and Oat)** 70p	Yorkshire pudding **(Contains Wheat, Egg and Milk)** 60p Seasoned diced potatoes **(Contains Wheat)** £1.30	Onion rings **(Contains Wheat, may contain Rye)** 30p each	sausages **(Contains Wheat, Mustard, Sulphites) 70p each** spicy bean burger **(Contains Wheat, may contain Sesame) £2.00 each** fish fingers **(Contains Wheat, may contain Sesame) 60p each** chip portion **£1.30**
HOT SNACK	Jumbo sausage roll **(Contains Wheat, may contain Egg, Milk, Mustard, Oat and Barley)** £2.10	Chicken wrap **(Contains Wheat and Celery)** £2.60	Hot Paninis- Various flavours **(Allergens displayed on packaging)** £2.75	Potato wedges £1.30 Sweet chilli dip 35p	Battered fillet of fish **(Contains Wheat and fish, may contain Barley)** £2.50

DAILY: Jacket potato, beans and cheese (Contains Milk) meal deal: £2.40, Cheese and tomato pasta bake (Contains Wheat and Milk): £2.20