

Relationships and Sex Education (RSE)

What is taught? When is it taught? Where is taught?

2023-2024

Theme	What should students know?	Where do they learn this?
Families	That there are different types of committed, stable relationships.	<u>Year 7 Spring Term 2</u> Families
	How these relationships might contribute to human happiness and their importance for bringing up children.	<u>Year 11 Spring Term 2</u> Healthy relationships pregnancy <u>RS: Year 7 Rites of Passage</u> <u>L6</u> Harmful Relationships
	What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	<u>Year 7 Spring Term 2</u> Families <u>RS: Year 7 Rites of Passage</u>
	Why marriage is an important relationship choice for many couples and why it must be freely entered into.	<u>Year 7 Spring Term 2</u> Families
	The characteristics and legal status of other types of long-term relationships.	<u>Year 7 Spring Term 2</u> Families <u>RS: Year 7 Rites of Passage</u>

	<p>The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.</p>	<p><u>Year 7 Autumn 2</u> Children’s Rights</p> <p><u>Year 10 GCSE/CORE</u> Human Rights/UNCRC</p>
	<p>How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others’ relationships); and, how to seek help or advice, including reporting concerns about others, if needed. and, how to seek help or advice, including reporting concerns about others, if needed.</p>	<p><u>Year 7 Spring Term 2</u> Positive Relationships Healthy and abusive relationships</p> <p><u>Year 9 Summer Term</u> Child exploitation</p> <p><u>L6</u> Harmful Relationships</p>
<p>Respectful relationships, including friendships</p>	<p>The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.</p>	<p><u>Year 7 Autumn Term</u> Friendships</p> <p><u>Year 7 Spring Term 2</u> Positive Relationships</p> <p><u>Year 9 Summer Term</u> Healthy and abusive relationships Child exploitation Consent</p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships</p>

		<p>How to have a good argument</p> <p><u>L6</u> Harmful Relationships</p>
	<p>Practical steps they can take in a range of different contexts to improve or support respectful relationships.</p>	<p><u>Year 7 Autumn Term</u> Friendships Emotions</p> <p><u>Year 7 Spring Term 2</u> Positive Relationships</p> <p><u>Year 9 Summer Term</u> Healthy and abusive relationships</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p> <p><u>L6</u> Harmful Relationships</p>
	<p>How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-</p>	<p><u>Year 8 Spring Term 1</u> Multiculturalism Prejudice and discrimination</p>

	<p>consensual behaviour or encourage prejudice).</p>	<p><u>Year 9 Summer Term – LGBTQ+</u> LGBTQ+</p> <p><u>Year 10 GCSE cohort drop-down day</u></p>
	<p>That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.</p>	<p><u>Year 7 Autumn Term</u> Bullying</p>
	<p>About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.</p>	<p><u>Year 7 Autumn Term 1</u> Bullying</p> <p><u>Year 9 Summer Term</u> Internet safety and social media Cyberbullying</p>
	<p>That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships Child exploitation Consent</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p>

		<p><u>L6</u> Harmful Relationships</p>
	<p>What constitutes sexual harassment and sexual violence and why these are always unacceptable.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p> <p><u>L6</u> Harmful Relationships</p>
	<p>The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.</p>	<p><u>Tear 8 Spring 1</u> Prejudice and discrimination</p> <p><u>Year 9 Summer Term – LGBTQ+</u> LGBT+</p> <p>Assembly Y7-11 November 2023</p> <p><u>L6</u></p>

		LGBTQ+
Online and Media	<p>Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.</p>	<p><u>Year 9 Spring Term 2</u> Internet safety and social media cyberbullying Assembly Y7-11 November 2023</p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>L6</u> Harmful Relationships Sex and the media</p>
	<p>About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.</p>	<p><u>Year 9 Spring Term 2</u> Internet safety and social media Sexting Assembly Y7-11 November 2023</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy relationships Unhealthy relationships</p>

		<p><u>L6</u> Harmful Relationships Sex and the media</p>
	<p>Not to provide material to others that they would not want shared further and not to share personal material which is sent to them.</p>	<p><u>Year 9 Spring Term 2</u> Internet safety and social media Sexting Assembly Y7-11 November 2023</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy relationships Unhealthy relationships</p>
	<p>What to do and where to get support to report material or manage issues online.</p>	<p><u>Year 9 Spring Term 2</u> Internet safety and social media Child exploitation Sexting</p> <p>Assembly Y7-11 November 2023</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u></p>

		<p>Healthy relationships Unhealthy relationships</p> <p><u>L6</u> Sex and the media</p>
	<p>The impact of viewing harmful content.</p>	<p><u>Year 9 Spring Term 2</u> Sex in the media Internet safety and social media Pornography Assembly Y7-11 November 2023</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy relationships Unhealthy relationships</p> <p><u>L6</u> Sex and the media</p>
	<p>That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.</p>	<p><u>Year 9 Spring Term 2</u> Assembly Y7-11 November 2023 Sex in the media Internet safety and social media Pornography</p>

		<p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy relationships Unhealthy relationships</p> <p><u>L6</u> Sex and the media</p>
	<p>That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.</p>	<p><u>Year 9 Spring Term 2</u> Internet safety and social media Child exploitation Sexting Pornography Assembly Y7-11 November 2023</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy relationships Unhealthy relationships</p> <p><u>L6</u> Sex and the media</p>

	How information and data is generated, collected, shared and used online.	<p><u>Year 9 Spring Term 2</u> The right to privacy Internet safety and social media</p>
Being safe	The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.	<p><u>Year 9 Summer Term 2</u> Healthy and abusive relationships Child exploitation Consent</p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p> <p><u>Year 11 GCSE cohort drop-down day</u></p> <p><u>L6</u> Harmful Relationships</p>
	How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online)	<p><u>Year 9 Summer Term 2</u> Healthy and abusive relationships Consent</p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p> <p><u>Year 11 GCSE cohort drop-down day</u></p>

		<p><u>L6</u> Harmful Relationships</p>
<p>Intimate and sexual relationships, including sexual health</p>	<p>How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships How to have a good argument</p>
	<p>That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships STIs Contraceptives</p> <p><u>Year 11 Spring Term 2</u> STIs Contraceptives</p> <p><u>Year 10 GCSE cohort drop-down day</u></p>
	<p>The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.</p>	<p><u>YEAR 7 – Spring Term 2 and Summer 1</u> Puberty</p> <p><u>Year 9 Summer Term</u></p>

		<p>STIs</p> <p><u>Year 11 Spring Term 2</u> Pregnancy STIs Contraceptives</p> <p><u>Year 11 GCSE cohort drop-down day</u></p>
	<p>That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships</p> <p><u>Year 11 GCSE cohort drop-down day</u></p>
	<p>That they have a choice to delay sex or to enjoy intimacy without sex.</p>	<p><u>Year 9 Summer Term</u> Healthy and abusive relationships</p> <p><u>Year 11 Spring Term 2</u> Healthy Relationships Unhealthy Relationships</p>

		<u>Year 11 GCSE cohort drop-down day</u>
	The facts about the full range of contraceptive choices, efficacy and options available.	<u>Year 9 Summer Term</u> STIs Contraceptives Teen pregnancy <u>Year 10 GCSE cohort drop-down day</u> <u>Year 10 Science Spring or Summer term</u> <u>Year 11 Spring Term 2</u> Pregnancy STIs Contraceptives
	The facts around pregnancy including miscarriage.	<u>Year 9 Summer Term</u> Teen pregnancy <u>Year 10 GCSE cohort drop-down day</u> <u>Year 11 Spring Term 2</u> Pregnancy
	That there are choices in relation to pregnancy (with medically and legally	<u>Year 9 Summer Term</u> Contraceptives

	<p>accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).</p>	<p>Teen pregnancy</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Pregnancy</p>
	<p>How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.</p>	<p><u>Year 9 Summer Term</u> STIs Contraceptives</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Pregnancy STIs Contraceptives</p>
	<p>About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.</p>	<p><u>Year 9 Summer Term</u> STIs</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Pregnancy STIs Contraceptives</p>

	<p>How the use of alcohol and drugs can lead to risky sexual behaviour.</p>	<p><u>Year 8 Summer 2:</u> Drugs Consent</p> <p><u>Year 10 Autumn 2</u> Drugs/alcohol Lowdown on Getting High</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>L6</u> Drugs</p>
	<p>How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.</p>	<p><u>Year 9 Summer Term</u> Teen pregnancy STIs Contraceptives</p> <p><u>Year 10 GCSE cohort drop-down day</u></p> <p><u>Year 11 Spring Term 2</u> Pregnancy STIs Contraceptives</p>