

Lower School Report 1 | Year 7 (Autumn) **Attainment****Descriptors**

Developing	Improving	Meeting	Exceeding
Students rarely demonstrate that they have met any of the criteria	Students occasionally demonstrate that they meet some of the criteria	Students demonstrate that they regularly meet most of the criteria	Students almost always demonstrate that they meet all criteria. Often, they will take advantage of opportunities to broaden their understanding of the subject

Department	Activity	Learning Criteria	Resources to support your child at home
	Cross Country	<u>Core Skills</u> - Students able to complete a 3km cross-country course by jogging for most of the race - Students show good effort and determination to complete the course as fast as they are able to <u>Tactical Awareness</u> - Students show some awareness of pacing throughout the race - Students show some awareness of when to kick to the finish line	Encourage your child to run in their free time to increase their fitness Encourage your child to attend cross country competitions if selected Encourage your child to attend a cross country club outside of School
	Football	<u>Core Skills</u> Students can perform the following skills with occasional accuracy: - Ball control using their dominant foot - Short passing using their dominant foot - Shooting from a short range with their dominant foot - Dribbling with close control using their dominant foot - Goalkeeper skills (handling, catching, parrying, punching, shot stopping) <u>Tactical Awareness</u> - Students occasionally show awareness of when and where to pass/shoot/dribble - Students occasionally show awareness of attacking and defensive positioning on the pitch	Encourage your child to attend the extra-curricular lunch time clubs and School fixtures if selected Encourage your child to attend a football club outside of School
	Gymnastics	<u>Core Skills</u> Students can perform the following skills with occasional accuracy: - Rolls (e.g. forward, backward, teddy bear, pencil) - Individual and paired balances using different parts of the body - Transitions (e.g. jumps/leaps/cartwheels) <u>Tactical Awareness</u> - Students can choreograph a routine, which shows creativity and fluency occasionally - Students can choreograph a routine, which occasionally uses the available space	Encourage your child to attend a gymnastics club outside of School
	Netball	<u>Core Skills</u> Students can perform the following skills with occasional accuracy: - Passing over short distances (chest, overhead, bounce and shoulder) - Footwork (stopping, landing and pivoting) - Ball handling (catching whilst stationary) - Shooting (GA and GS only) - Rebounds (GA, GS, GD, GK only) - Dodging (sprint, feint, change of direction) - Marking (the player, the ball, the space) <u>Tactical Awareness</u> - Students occasionally show awareness of when, where and how to pass/shoot/dodge/mark - Students occasionally show awareness of attacking and defensive positioning on court - Students have little understanding of the rules and regulations	Encourage your child to attend the extra-curricular lunch time clubs and School fixtures if selected Encourage your child to attend a netball club outside of School

Rugby	<p><u>Core Skills</u></p> <p>Students can perform the following skills with occasional accuracy:</p> <ul style="list-style-type: none"> - Passing (off their dominant hand) - Catching the ball (stationary and on the move) - Run forwards when they receive the ball - Tackling (from the side) - Rucking (going to ground, support roles, clearing out) <p><u>Tactical Awareness</u></p> <ul style="list-style-type: none"> - Students occasionally show awareness of when and where to run/pass - Students occasionally show awareness of their role in the team's attacking and defensive alignment - Students have little understanding of the rules and regulations 	<p>Encourage your child to attend the extra-curricular lunch time clubs and School fixtures if selected</p> <p>Encourage your child to attend a rugby club outside of School</p>
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