

# Y9 Dietary illness – Home edition.

**Task one:** pick one of the following dietary illnesses.

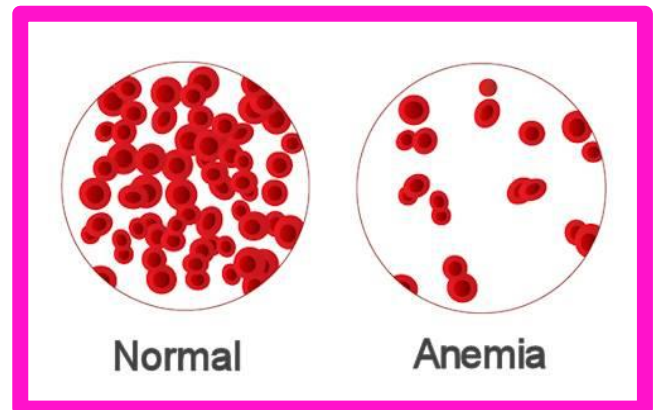
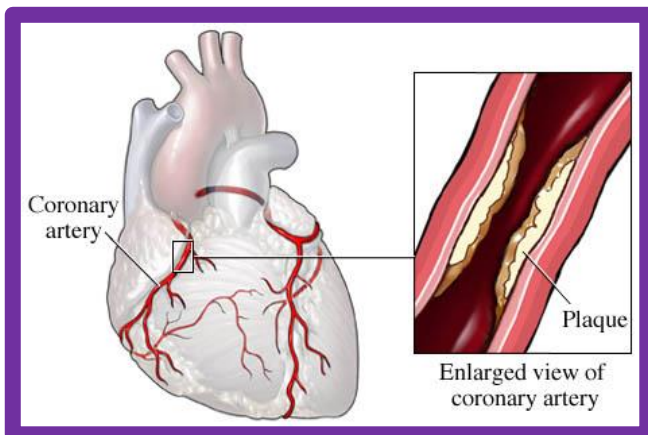
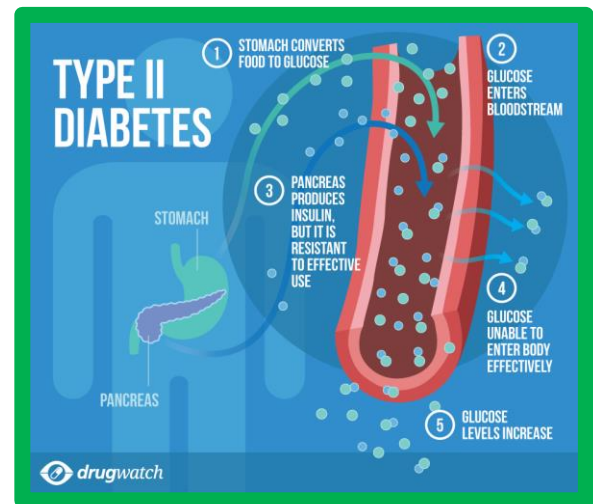
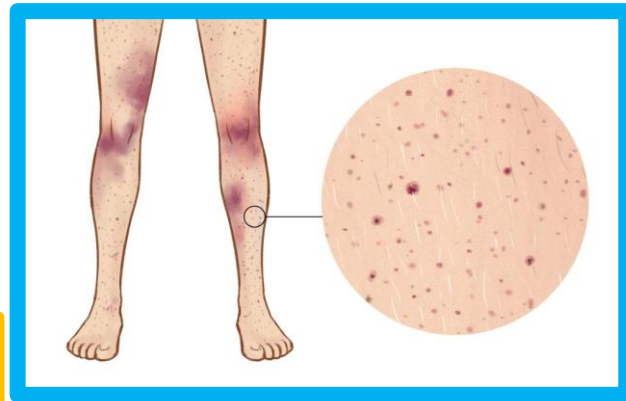
Rickets

Anemia

Corony heart disease

Diabeties type 2

Scury



**Task Two:** Research your choosen illness and find out the following:

What is the illness?

What are the effects on the body?

What is the cause?

How could it be avoided?

What foods could help you avoid/ treat the illness?

**Task Three:** Create a meal to aid the treatment or help prevent the illness you have researched.