

Handball

Students will learn:-

- Handball– Core, and Advanced skills as well as decision making covered over 6 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Has considerable influence over the event.

Core Skills:

- Two handed catches from front, side and back – successful on nearly all occasions
- Passing (overhead, bounce and wrist pass) from standing position and on the move – **VERY GOOD** accuracy on nearly all occasions from standing, **GOOD** accuracy most of the time on the move
- Dribbling using dominant hand – **VERY GOOD** control on nearly all occasions
- Shot from standing – **VERY GOOD** power and accuracy on nearly all occasions
- Feint with the body, feint to shoot and feint to pass – performed successfully most of the time

Advanced Skills:

- One handed catches on both sides – successful most of the time
- Dribbling with non-dominant hand – successful most of the time
- Passing and shooting whilst jumping – successful most of the time
- Stealing the ball, screening an opponent with/without the ball – successful most of the time

Decision Making:

- Communication – used effectively most of the time
 - Tactics and strategies (man to man/zonal marking, positioning in attack and defence, screening) – used effectively most of the time
- Choose when to apply appropriate skills - used effectively most of the time

How are homework /wider resources used to enhance learning?

- Extra-Curricular clubs/teams
- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.

Netball

Students will learn:-

- Netball – Core, and Advanced skills as well as decision making covered over 14 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Knowledge, Understanding & Skills

Core Skills:

- Passing (chest, bounce, shoulder) over varying distances – **GOOD** accuracy over short distance most of the time, **SOME** accuracy over long distances
- Catching – successful most of the time
- Footwork – successful most of the time
- Attacking – Getting free from an opponent – successful most of the time
- Defending/Marking Opponent – successful most of the time
- Shooting – **GOOD** accuracy most of the time

Advanced Skills:

- Passing over long distances using their non-dominant hand – **SOMETIMES** accurate
- Catching over long distances, one handed, in the air and on the move – **SOMETIMES** successful
- Getting free of marker when attacking, whilst on the run. – **SOMETIMES** successful

Decision Making:

- Communication/Signalling – used successfully most of the time **Career link: Leadership and teamwork skills**
 - Tactics and strategies (man to man/zonal marking/Set plays from side line/backline/centre pass) – used successfully most of the time
- Choose when to apply appropriate skills – most of the time

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- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.

Rounders

Students will learn:-

- Rounders – Core, and Advanced skills as well as decision making covered over 8-12 single lessons

What does Excellence look like?

Consistently excellent accuracy in all core and advanced skills when performed at speed under competitive pressure.

Decision making is consistently accurate and appropriate to the situation.

Core Skills:

- Batting (Forehand) – Able to make **GOOD** contact and direct it away from fielders most of the time
- Bowling (Rhythmic stepping with regular no balls) – Successful most of the time
- Fielding
 - Close catches – Successful on nearly all occasions
 - underarm throws over short distance- **VERY GOOD** accuracy on nearly all occasions

Advanced Skills:

- Batting (Offside forehand and backhand shots) – **SOMETIMES** hit with good contact and directed away from fielders
- Bowling (Rhythmic stepping with a variety of speed, height and spin. Very few no balls.) – **SOMETIMES**
- Fielding (Close catches and catches in deep field, underarm and overarm throws over short and long distances, as well as fielding a fast moving ball using the long barrier and one handed pick up) – Successful most of the time

Decision Making:

- Communication – used effectively most of the time
- Tactics and strategies (when to run, what base to throw to/fielding positions) – used effectively most of the time
- Choose when to apply appropriate skills and where to place the ball according to field placement – used effectively most of the time

How are homework /wider resources used to enhance learning?

- Extra-Curricular clubs/teams
- YouTube
- H/W on tactics and increasing knowledge of the sport

How will students be assessed?

Assessment at the end of each unit of work.
Teacher to use GCSE assessment criteria.